



## GRANNY HEART EARRING

“Don't be pushed around by the fears in your mind. Be led by the dreams in your heart.”  
— Roy T. Bennett, [The Light in the Heart](#)

Many of us would believe that the common shape used to represent the human heart today has been around forever. But this double-scalloped icon with the V-shaped base evolved over centuries. Although this heart-shape can be found in decorative art and heraldry throughout history, the shape did not gain a strong connection with love until the thirteenth century. It is believed that the first usage of a heart-shape as a symbol of love was in a French manuscript from 1250, in which a young man holds his slightly pinecone-shaped heart up towards his lady love.

However, in our current world, this symbol is widely recognized as a symbol for love and affection. In this spirit, I have written this free heart-shaped earring pattern to share my love for hand-made with you once more. Make one for yourself or as a gift to a special person.

Once you have tried this, if you have any suggestions on how to improve the final product, please let me know at [mindandmuse@gmail.com](mailto:mindandmuse@gmail.com).

## **MATERIALS:**

- 100% mercerized cotton thread  
Note: I tested this pattern with Aunt Lydia's Mercerized Cotton #10 (in Victory Red and Taupe).
- 1.25 mm or appropriate hook
- Appropriate size needle for weaving in ends.
- Scissors
- Equal amounts of white glue and water (for stiffening, recommended but optional)
- For earrings you will need two earring wires of your choice.

**GAUGE:** It has not been established for this pattern. However, a consistent tension is desirable for a neatly finished item.

**STITCHES** – The pattern is written in **US terminology**

- Ch: Chain
- Sl: Slip stitch
- Sc: Single crochet
- Hdc: Half-double crochet
- Dc: Double crochet
- Dtrc: Double treble crochet

## **EXPERIENCE LEVEL**

- Beginner and above.

## **PROJECT NOTES:**

- For this design I chose to combine simple stitches from two classical crochet procedures: the granny square and the crochet doily, giving it a vintage feel. The result is a delicate, iconic accessory for you to enjoy all year round.
- I have constructed my sample earring using laceweight crochet cotton thread and a 1.25 mm hook, but you can go smaller or larger on the hook size and yarn gauge to create a motif for earrings, bracelets, clothing patches, buntings and many other uses. Have fun and enjoy!

## **INSTRUCTIONS:**

**Round 1 - the granny square.**

Start with a magic loop. In the loop, Ch3, 2Dc. [Ch3, 3Dc] x 3. Ch3. Tighten your loop to form the square. Join with a Sl to the top of the first Ch3 of this round.



*Photo 1: Granny Square created after Round 1.*

**Round 2:**

Sl to the next Ch3 space, (Ch3, 2Dc, Ch1, 3Dc, Ch3) in the Ch3 space.  
In the next Ch3 space, (3Dc, Ch1, 3Dc, Ch3).  
In the next Ch3 space, (3Dc, Ch1, 3Dc, **Ch2**).  
In the next Ch3 space, (3Dc, Ch1, 3Dc, **Ch2**).  
Join with a Sl to top of the first Ch3 of this round.



*Photo 2: Rounded granny square after Round 2. Note top of motif.*

**Round 3:**

Sl to the next Ch1 space, Ch1, 2Sc in the Ch1 space. Ch2.  
7Dtrc in the next Ch3 space, 1Sc in the next Ch1 space, 7Dtrc in the next Ch3 space.  
Ch2. 2Sc in the next Ch1 space, Ch2, 2Sc in the next Ch2 space.  
Ch2, (1Hdc, 3Dc, 1Hdc) in the next Ch1 space.  
Ch2, 2Sc in the next Ch2 space, Ch2.  
Join with a Sl to first Sc of this round.



*Photo 3: Granny square modified into a heart motif after Round 3.*

**Finishing touches:**

Fasten off. Weave in ends.

Stretch your motif with your fingers to relax the stitches and make it lay flat. (Or you may steam it.)

Mix equal parts of white glue and water (or the fabric stiffener of your choice) and use a small paint brush to cover the back side of your motif. Be generous! You want the thread to soak up the mixture. Let dry overnight.

Make a second motif using all of the instructions above.

Once both motifs are dry, attach an ear wire to the Sc between the two groups of 7Dtr on each granny heart.

Wear your granny heart with joy!



**Give the gift of appreciation, sincere affection, and gratitude to a special person in your life!**



*Me using a version of the Granny Heart Earring for the first time on Episode 41 of the Mind and Muse Podcast ([link here](#)).*



*And more recently, for Episode 2022-3 of the Mind and Muse Podcast ([link here](#)).*