



My Sweet Socks

september -2018

When my youngest daughter moved out, I was lost. The crafty life we had shared on a 24/7 basis had suddenly ended. I was lonely and needed motivation. So I decided to design a sock for her. Here I present My Sweet Crochet Sock design, a toe-up crochet sock with a cute cupcake design. This pattern is the result of a collaboration between the Mind and Muse Crochet Podcast and the Crochetcakes Podcast.

PREAMBLE:

In order to make comfortable crochet socks that you can wear with your shoes, they need to be tailored to your foot as closely as possible.

In this pattern, instructions will be provided for small (S), medium (M) and large (L) sock size.

First, measure your foot length from heel to toe and your foot circumference around the ball of your foot. Then use the size closest to your measurement from the chart below. The sizes shown in the following chart are based on standard foot measurements in the U.S.:

Size	Foot length (in/cm)	Foot circumference (at ball of foot) (in/cm)	Sock length (in/cm)
S	9"/23 cm	7 $\frac{1}{2}$ "/19 cm	8"/20 cm
M	9 $\frac{1}{2}$ "/24 cm	8 $\frac{1}{4}$ "/21 cm	8 $\frac{1}{2}$ "/22 cm
L	10 $\frac{1}{4}$ "/26 cm	9"/23 cm	9 $\frac{1}{2}$ "/24 cm

If you would like to achieve a more tailored sock for your foot, it is suggested that you visit crochetkitten.blogspot.com where you will find sound advice for tailoring your crochet socks in a series of two blog posts.

MATERIALS REQUIRED:

- Good quality 4 ply sock yarn – most references will recommend a yarn that is 75% wool and 25% nylon. Sock yarn made of cotton blends exist, but I would not recommend using a cotton blend for your first sock. My preference is a BFL/nylon blend.

This pattern has been tested with good results for the following yarn blends:

- 75% Super wash merino / 25% nylon
 - 80% SW BFL/ 20% nylon high twist
 - Regia Cotton Sock in the Tutti Frutti – dragon fruit colorway: 72% cotton, 18% polyamide and 10% polyester.
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- 3.5 mm hook (or size needed to obtain gauge)
 - several stitch markers (recommended, but optional)
 - Yarn needle

KEY FOR STITCH ABBREVIATIONS:

- spi – stitches per inch (as in gauge)
- hdc – half double crochet.
- sc – single crochet
- sl – slip stitch
- dc - double crochet
- k – knit stitch (for knitting)
- p – purl stitch (for knitting)
- pm – place marker

GAUGE: 8 sc x 8 rows = 1" x 1" square

THROUGHOUT:

- Ch 1 at the beginning of a round does not count as a stitch
- Ch 3 at the beginning of a round counts as a stitch (for cupcake pattern)

PATTERN NOTES:

This design is made toe-up. It is worked in the round with the right side facing at all times until you begin working the heel. The heel is completed using short rows, for which you crochet to the end of a row and then turn to return. Once the heel is complete, you will continue to work the leg and cuff in the round with the right side facing. Instructions have been provided for making an ankle sock or a full length sock. Three options have been provided for the cuff.

TOE: (using sc)

Chain 13(15, 17)

Round 1: sc in the 2nd back bump from hook, then sc in the back bumps of the next 11 chain stitches. Pm in last sc made. Continuing around your chain, sc into both loops of each stitch that is now at the top of what was your chain. Pm in last sc made. sl to first sc to join. You should have the same number of single crochets on both the top and the bottom of your starting chain. 12(14, 16). Total number of stitches 24(28, 32) Ch 1.

Round 2: (increase round) 2 sc in the next stitch. sc in each sc across stopping one stitch before marker. 2 sc in stitch before marker. 1 sc in marked st and reposition marker. 2 sc in next st. sc in each sc across stopping one stitch before the marker. 2 sc in the stitch before the marker. 1 sc in marked st. Reposition marker. Do not join.

Round 3: (The first time you start this round, you will skip over the ch 1 and the sl of the join made in Round 1.) 1 sc in each sc around. Do not join. 28(32, 36) stitches.

Continue to repeat rounds 2 and 3 until you have a total of 44(52, 56) stitches, ending on a round 3.

On the next round you will increase only 3 stitches.

Round 4: (Start the round as you did for Round 2) 2 sc in the next stitch. sc in each sc across stopping one stitch before marker. 2 sc in stitch before marker. 1 sc in marked st and reposition marker. Sc 11(12, 14), sc 2 in the next stitch. Sc across to marker. 47(55, 59)



Photo 1: sc into both loops of each stitch that is now at the top of what was your chain



Photo 2: Wedge toe for size medium



Photo 3: Alternative round toe



Photo 4: Wedge toe, chain worked in back loops



Photo 5: Wedge toe, chain worked through the front of each

FOOT:

Note:

If you have made adjustments to the suggested stitch count to tailor your sock, it is important that at this step you have an odd number of stitches to work the stitch pattern for the foot as per instructions. Reposition the first marker at the natural side of your sock. This marker will keep track of your rounds. Remove marker on opposite side.

Round 1: [hdc1, sc1] over next two stitches. Reposition marker on the first hdc. [hdc1, sc1] until one stitch is left before the marker. hdc in the next stitch.

Round 2: [sc1, hdc1] over next two stitches. Reposition marker on the first sc. [sc1, hdc1] until one stitch is left before the marker. sc in the next stitch.

Repeat Rounds 1 and 2 until the length of your sock (starting at top of toe) measures 3 inches less than your target sock length. *For example: If your target sock length is 8.75 inches, then you should stop crocheting the foot as close to 5.75" as possible. This is important because crochet stretches lengthwise as opposed to knitting which stretches width wise, so you don't want to make your foot too long.*

HEEL:_(using sc)

Bottom part of the heel:

Starting on a side, we will now be working in “short rows”.

Round 1: sc in each sc stitch across until you have a total of 23 (27, 29) stitches. Pm in last unworked stitch. Turn. (Note: This will leave 23(27, 29) for the inseam or front of your foot.)

Round 2: Ch 1. sc in each sc stitch across, leaving the last sc stitch unworked. Pm unworked stitch. Turn. 22 (26, 28) stitches.

NOTE: Each round will leave on unworked sc at the end and have one sc less than the previous one.

Repeat Round 2 until you have 12 (14, 16) stitches remaining. You should be on the wrong side of your work before you turn.



Photo 6: Completed bottom heel (medium)



Photo 7: Side view of completed bottom heel (medium)

Back part of heel:

Ch 1 and turn.

Round 1: sc in each sc to end. 12 (14, 16) sc. Work 1 sc into the unworked sc of the row below. Then, sl into the unworked sc of the next row below. pm in the slip stitch (optional, but recommended). Ch 1 and turn. 13(15, 17). (ch 1 and sl **donot** count as stitches.)

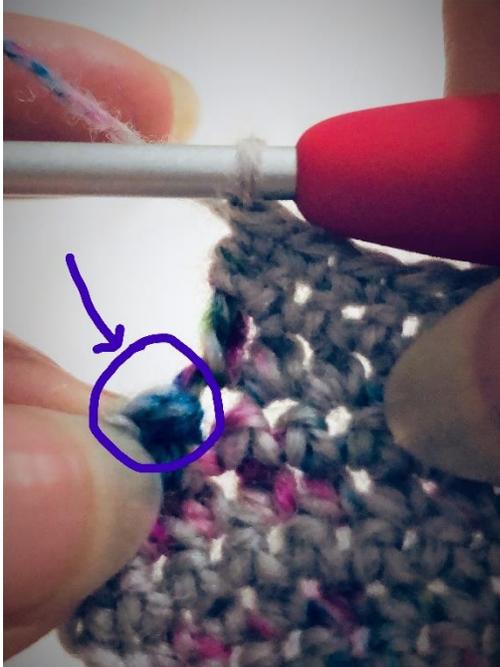


Photo 8 (left): Sc into unworked sc of the row below to create a new stitch.

Photo 9 (bottom): Skip Ch1 and Slip stitch on each turn.



Round 2: Skipping the ch 1 and the sl (they do not count as stitches), work 1 sc into every stitch across. Then, work 1 sc into the unworked sc of the row below. Finally, sl into the unworked sc of the next row below. Pm in the slip stitch (optional, but recommended). Ch 1 and turn. 14 (16, 18)

Repeat Round 2 until you have used up all of your heel stitches and that your last sl has gone into a first inseam stitch (the front of your foot) on both sides.

You should have 24 (27, 30) stitches forming the heel.

Your next stitch should be at an inseam stitch that you slip stitched into on an earlier round.



Photo 10: Completed heel (medium)



Photo 11: Completed foot with heel (medium)



Photo 12: Short row heel modeled (medium)

LEG:

After finishing the heel, you should have a total stitch count of 47(55, 59) stitches.

Lower leg:

Round 1: Make the first stitch of the instep (in the same stitch with the sl stitch from you heel) continuing the moss pattern where you had left off. pm this first stitch to mark the beginning of a round. Continue with moss stitch across the instep. The last stich of the inseam will be worked into the same stitch with a sl stitch made when making the heel. Continue with moss stitch pattern across the heel.

Round 2: Continue with the moss stitch pattern around entire leg for 1.5 inches.



Photo 13: 1 ½ inches of botton leg and sc row for cupcake liner

Upper leg:

Note: At this point, you may need to adjust your stitch count so that it is a multiple of 6.

Round 1: Sc around increasing or decreasing as needed to reach the closest multiple of 6 for your stitch count. 48 (54, 60)

We will now begin our cupcake stitch pattern. There are many versions and tutorials for this stitch, we incorporated the version found at wilmade.com and adapted it so it would work in the around. Visit her site to see the original version and to check out loads of beautiful patterns.

Round 2:

Base of the cupcakes:

Ch 3 (counts as a dc) 1 dc in the same stitch as your chain. 1 dc in next stitch. 2 dc in next stitch. ch 1. skip 3 stitches. *2 dc in next stitch. 1 dc in next stitch. 2 dc in next stitch. ch 1 skip 3 stitches*. Repeat from * to * Slip stitch to the top of the ch 3. **8(9, 10) cupcake bases.**

Round 3:

Cupcake:

Ch 1, sc in the front loop of the same stitch, 1 sc in the front loop of each of the next 4 sc, 1 sc in the ch 1 space from previous round. *1 sc in the front loop of each of the next 5 sc, 1 sc in the ch space from the previous round*. Repeat from * to *. Join with a sl to the first sc.

Round 4:

Frosting:

Ch 1, yarn over go into the base of the ch stitch pull up a loop, yarn over go through 2. *[yarn over go into the next stitch pull up a loop, yarn over go through 2] repeat *over the next 3 sc. yarn over and pull through all loops. ch 5. skip next sc. *[yarn over go into the next stitch pull up a loop, yarn over go through 2] repeat *over the next 4 sc. ch 5. skip next stitch.* Repeat from * to * to end of round. Finish this round with a sl to the top of the cluster to join.

Round 5:

End of cupcake pattern:

Ch1 *6 sc into the 5-ch space from previous round* Repeat from * to * to end of round. sl to the first sc to join. 48 (54, 60)

If you wish to make a short leg for you sock, you may decide to make a cuff at this point.

If you wish to make a long leg for your sock, repeat rounds 1 – 5, two more times. End with sc around.



Photo 14 and 15: Close up of the finished cupcake pattern for medium socks.

CUFF: You have many options for a cuff. Here we provide 3 possible options.

Option 1: Knit cuff:

Set up: Using a 2.25 crochet hook, pick up 48[54, 60] stitches on a 9 in. circular knitting needle.

Round 1: k1 around.

Round 2: *[k1, p1] repeat around, being sure to end in a pearl stitch.

Repeat round 2, 14 more times. Bind off with a stretchy bind off.

Option 2: Crochet ribbed cuff through the back loop:

Note: Depending on how loose you crochet, you may find cuffs are flappy. For the back loop ribbed cuff, you may remedy this by using a smaller hook size and/or making two slip stitches instead of one when you connect your cuff to your leg. Feel free to do either or both. One other comment here, when the instructions say to "insert the hook into both loops of the **next available** sc", this means to skip the stitch (or two) that you slip stitched into when you were joining your cuff the last time.

Round 1: Ch 9, sc in second chain from hook and each chain stitch down to last stitch. Insert your hook into the the last ch, yarn over and pull up a loop. With two loops on the hook, insert the hook into both loops of the sc that is directly below (of the leg), yarn over and pull up a loop, yarn over and pull through all loops. Sl into the next one or two sc on the leg (see **Note**). Turn. 8 sts.

Round 2: Skipping all sl, sc in back loop of each sc up the cuff up to the sc before the last sc. Sc into both loops of the last sc. Ch 1 and turn. 8 sts.

Round 3: Skipping the ch1, sc in the back loop of each sc down to last stitch. Insert your hook into the back loop of the last sc (Careful, this one can be hard to find!), yarn over and pull up a loop. With two loops on the hook, insert the hook into both loops of the **next available** sc that is directly below (of the leg), yarn over and pull up a loop, yarn over and pull through all loops. Sl into the next one or two sc on the leg (see **Note**). Ch 1, turn.

Repeat rounds 2 and 3 around the leg, ending in a round 3.

Fold cuff with right sides together and sl stitch to join. Cut yarn leaving a 4 in tail and weave in end.

Option 3: Crochet a ruffled cuff.

For this ruffled cuff, your stitch count must be a multiple of 3.

Round 1: Ch 3. dc in next sc. (ch 3 counts as a dc stitch). dc to end of round. sl to top of ch 3 to join. 48(54, 60)

Round 2: Ch 4. (counts as a dc + ch1). Skip next dc. *[dc in the next stitch, ch 1, Skip next dc.]. Repeat * around. sl to top of ch 3 to join. 24(27, 30) dc

Round 3: ch 1. 4 fpdc around ch3 going from top to bottom. 3 dc in the skipped dc of previous round. 4 fpdc around next dc post, going from bottom to top. 3 dc around ch 1 space. *[4 fpdc around next dc going from top to bottom. 3 dc in the skipped dc of previous round. 4 fpdc around next dc post, going from bottom to top. 3 dc around ch 1 space.] Repeat * until one dc remains. 4 fpdc around next dc going from top to bottom. 3 dc in the skipped dc of previous round. sl to bottom of first ch 3 to join. Fasten off leaving a 4 in end. Weave in end.

Repeat all for second sock.

You may rinse and block the socks before the first use if you desire.

This pattern was tested several times before publishing to try different options. Feel free to make changes and have fun!

